



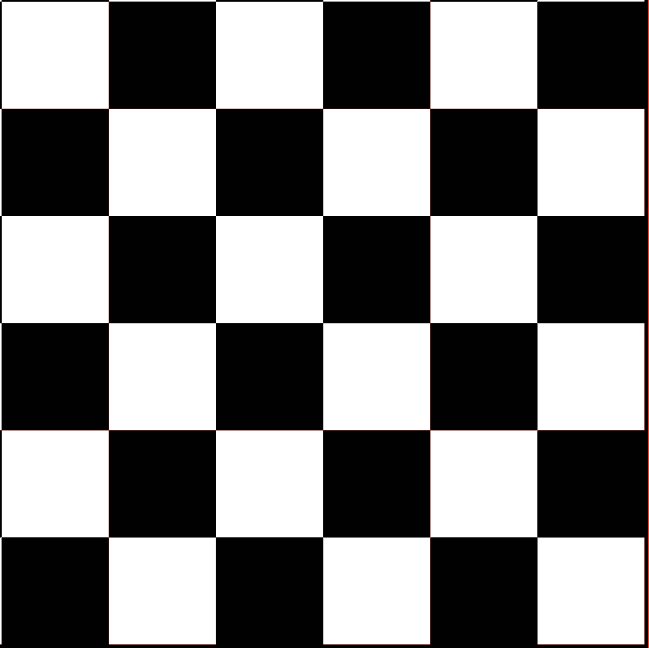
INTERNATIONAL
SCHOOL OF ARIZONA

AFTER SCHOOL

ACTIVITIES

1st - 8th

FALL 2024

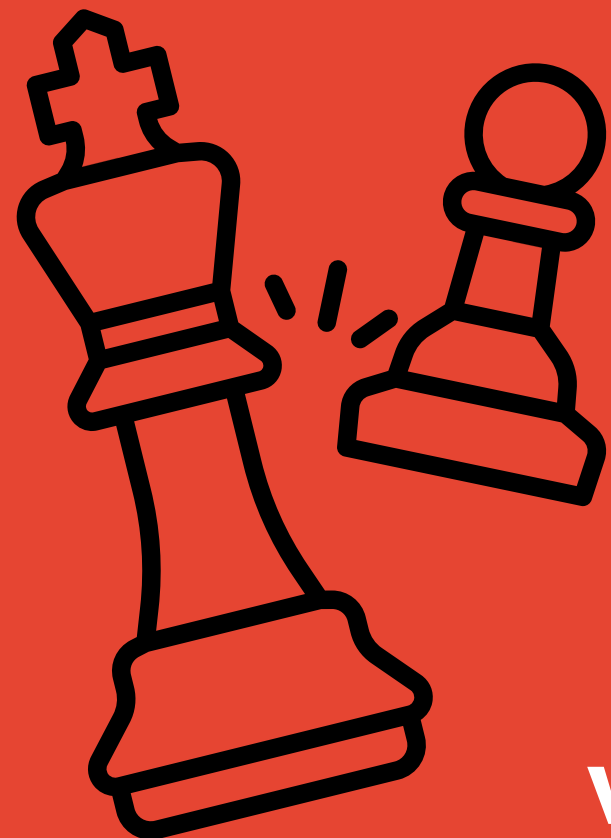


Chess

MONDAYS 3:30 - 4:30

K - 8TH

Studies by major corporations and universities have shown that chess can help students increase their math and verbal skills, as well as their creative and critical thinking abilities.



VENDOR: CHESS EMPORIUM





Super Soccer

Stars

**MONDAYS 3:45-4:45
(K-1ST)**

**TUESDAYS 3:45-4:45
(2ND-4TH)**

This fun, age-appropriate Super Soccer Stars curriculum for Lower Elementary will help students develop technical skills while learning about team skills. Each class will include ball activities with high repetitions, which promote muscle memory to help build confidence and ball control. This class is good for children with or without previous soccer experience.

VENDOR: JUMPBUNCH



Flamenco Dancing

VENDOR: INSPIRACION FLAMENCA BY JULIA CHACON

Flamenco is an expressive, rhythmic form of dance and music with origins in southern Spain. Flamenco lifts the spirits of children and builds confidence in their ability to express themselves. Students learn rhythm, posture, arm positions, and footwork as they explore spatial awareness, musicality, coordination, balance, listening skills, and perseverance in a fun, creative environment! Students will need character shoes.

MONDAYS 3:30 - 4:30
BEGINNER (K-8TH)

TUESDAYS 3:30 - 4:30
(2ND-8TH)

YEAR LONG COMMITMENT
Grades 7TH-8TH
VEX VRC

MONDAY-THURSDAY

3:30-5:30

**STUDENTS MUST ATTEND AT LEAST TWO DAYS, BUT
CAN ATTEND ALL FOUR.**





MONDAYS
3:30 - 4:30
(K-5TH)

STEM Odyssey gets kids familiar with basic scientific principles and helps them build observational skills by looking at the world around them.

Fantastic Forces introduces concepts in physical chemistry and engineering, then connects them to their applications in real-life.

VENDOR: MAD SCIENCE

STEM Odyssey & Fantastic Forces

Ballet / Jazz

MONDAYS 3:45- 4:45
KINDER-3RD

TUESDAY 3:30- 4:30
4TH-8TH

Ballet technique and fundamentals in a fun, supportive environment.

Jazz technique and fundamentals are paired with choreography in a fun, supportive environment.

Incorporates ballet and jazz technique while also encouraging self-expression and creativity.



Grades 4TH-6TH VEX IQ ROBOTICS

TUESDAY AND THURSDAY

3:30-5:00

YEAR LONG COMMITMENT





GROUP PIANO

Tuesdays
3:30-4:30
K-3rd



Fridays
3:45-4:45
K-3rd

Arizona School of Music has partnered with ISA to offer group piano classes. Students will learn everything from reading music, proper form, and song play.

Vendor: Arizona School of Music

Pickleball

VENDOR: SETH KOREY TENNIS ACADEMY

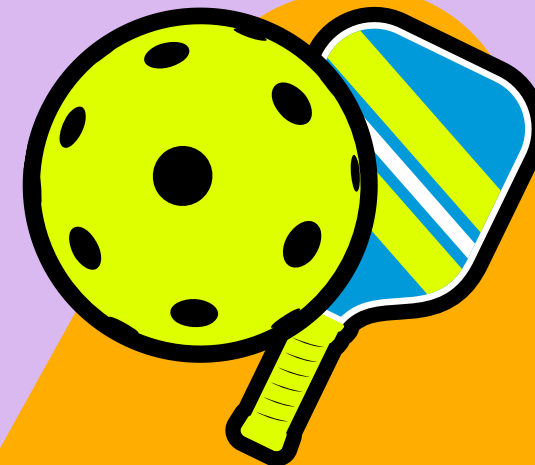
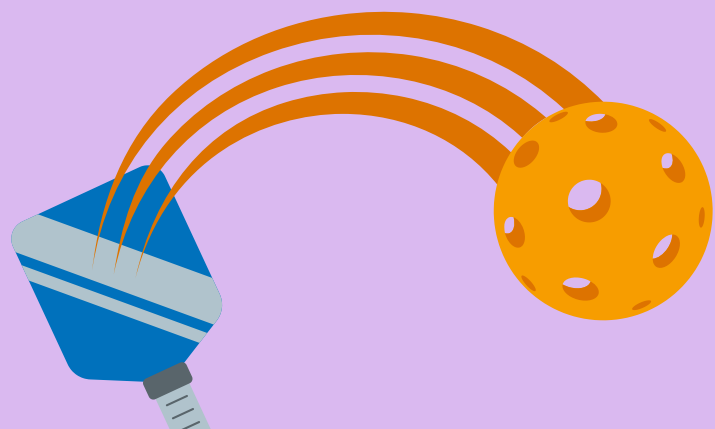


Students will learn the skills of pickleball on site at ISA. No experience or rackets required. Having instructed for over 20 years, Seth Korey is your go-to for all your tennis wants and needs! All enrollees will participate in Extended Care for the first few weeks of the school year, while we wait for the weather to cool down.

WEDNESDAYS

3:30 - 4:30

2ND - 8TH



iCode at ISA

ISA is partnering with iCode Scottsdale to offer new hands on Coding, STEAM & game development tech clubs to grades K - 8.

ROBLOX, MINECRAFT & DRONE

WEDNESDAY 3:30-4:30

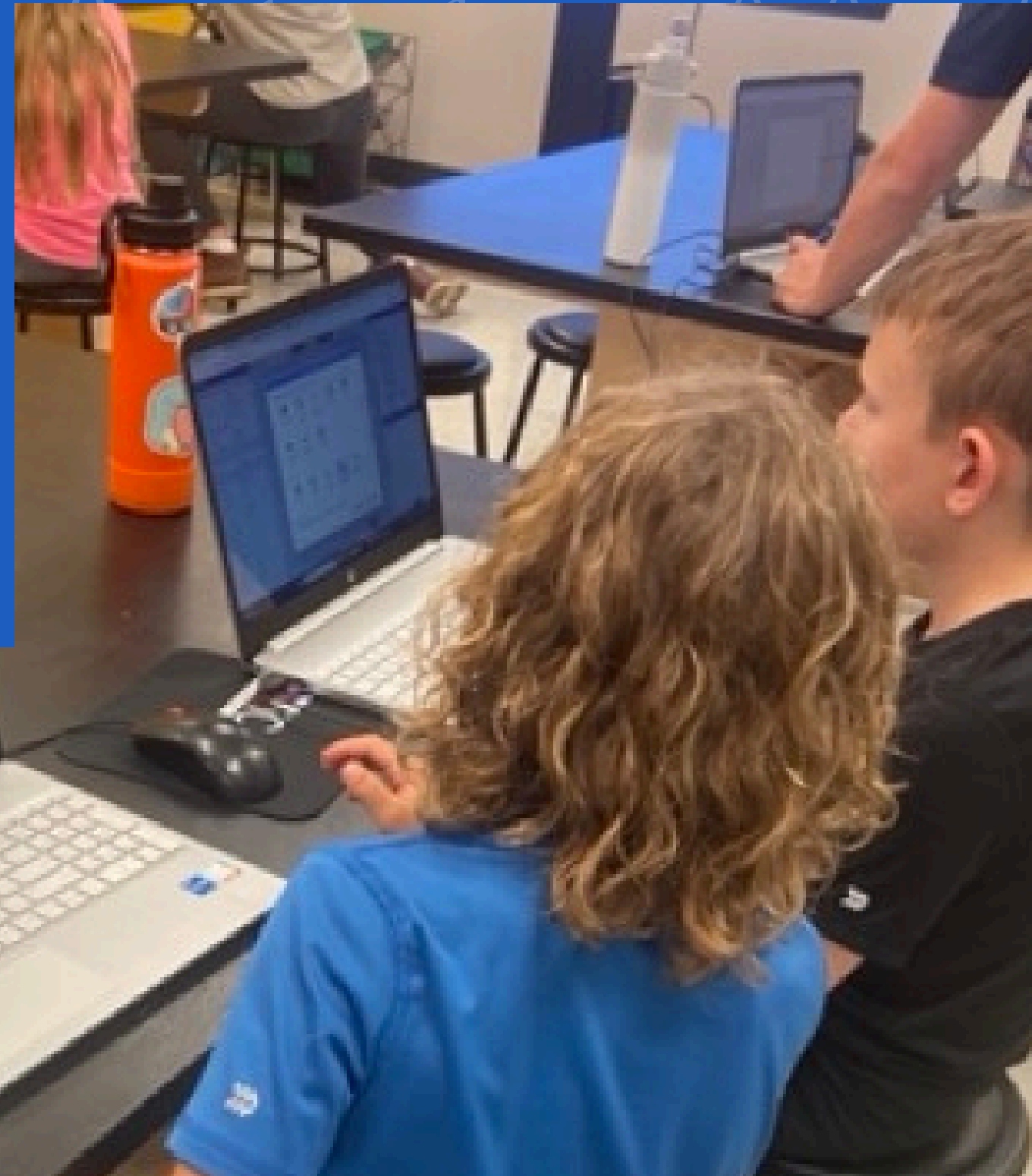
(K - 2ND)

**ART AND DESIGN WITH MINECRAFT &
PYTHON PROGRAMMING AND DRONES**

THURSDAYS 3:30-4:30

(3RD - 8TH)

Vendor: iCode Scottsdale



Mindfulness and Artherapy

With Tere Derbez

WEDNESDAY

3:30-4:30

1st - 3rd

FRIDAY

3:30-5:00

4th-8th

APPLYING MINDFULNESS WITH ART THERAPY THE STUDENTS WILL TARGET SPECIFIC NEURAL MECHANISMS FOR EMOTIONAL REGULATION, MEMORY PROCESSING AND BEHAVIOR REGULATION. MINDFULNESS PRACTICES AND BODY MOVEMENT IN ART THERAPY INTERVENTIONS PROMOTE CHANGES IN BRAIN INVOLVING SELF-REGULATION, INTROSPECTION, MOTOR CONTROL ON THEMSELVES AND EMOTIONAL CONTROL

ACCORDING TO THE AGE OF THE PARTICIPANTS THE THEMES WILL BE APPLIED PRACTICING MINDFULNESS EXERCISES

PAINTING, SCULPTURE AND DRAWING TECHNIQUES WILL BE USED ACCOMPANIED BY MINDFULNESS AND MEDITATION TECHNIQUES.





Ballet / Contemporary

VENDOR: MASTER BALLET ACADEMY

Ballet technique and fundamentals in a fun, supportive .

Contemporary technique and fundamentals are paired with choreography in a fun, supportive environment

WEDNESDAY 3:45-4:45
KINDER-3RD

THURSDAY 3:30-4:30
4TH-8TH



Sport Discovery



WEDNESDAY

4:00-5:00

(K-1ST)

FRIDAY

4:00-5:00

(2ND-4TH)

Explore, learn, develop, and play with Amazing Athletes Sport Discovery! For Lower Elementary students, this 'mini season' is designed to empower kids to discover their inner athlete & love of sport. Together, we explore different sports with concentrated play & practice for each. Your amazing athlete will have the opportunity to develop skills with practice, apply what they've learned with confidence, have fun with gameplay, and discover sports they love! Sports for the Fall session include Flag Football, Floor Hockey, Dodgeball, and Kickball.

VENDOR: AMAZING ATHLETES

GROUP

GUITAR/UKULELE

THURSDAYS

3:30-4:30

K - 5th



Arizona School of Music has partnered with ISA to offer group guitar classes. Students will learn everything from reading music, proper chords, and song play.



Vendor: Arizona School of Music

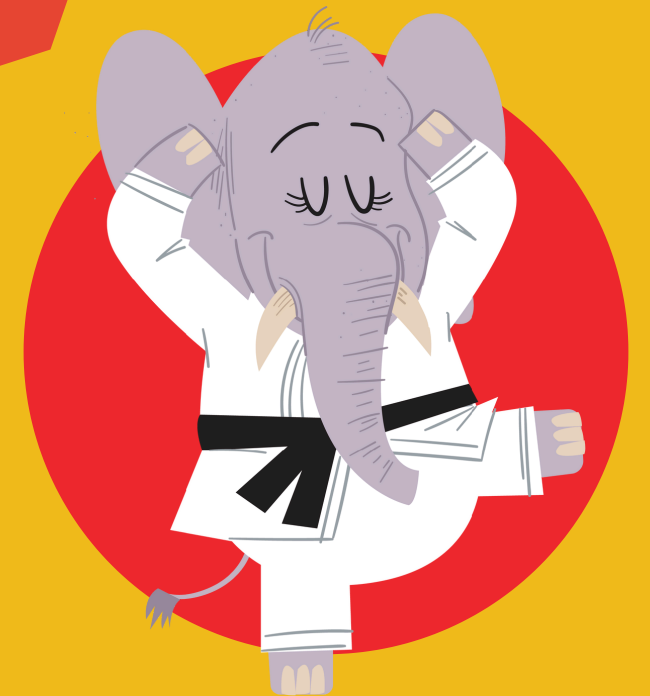
KZ MARTIAL ARTS

BY AMAZING ATHLETES

Inspired by the traditions and practices of martial arts, KZ Martial Arts is designed to benefit elementary-aged kids' physical, social, and emotional development while building confidence and teaching practical life lessons. Students practice and perform 12 different skills in the program bringing martial arts alive in a fun and engaging way. Each skill introduced is designed for progression with beginner, intermediate, and advanced modifications allowing each student to progress at their own pace in a mixed ability group setting. Students learn and practice the traditions and skills of the sport, and receive colored belts and stripes for their achievement. Hi-yah!



K-4TH
THURSDAYS
4:00-5:00

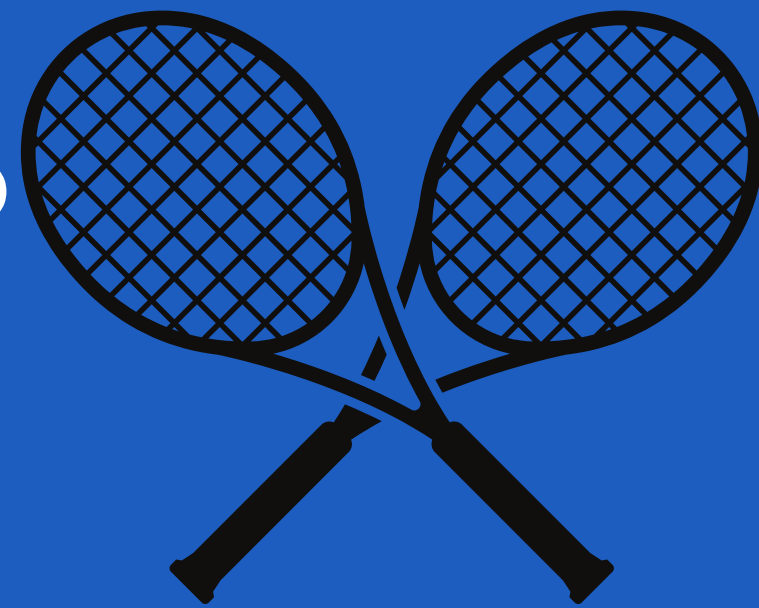


Tennis

With Seth Korey Tennis Academy

K-8th

Thursdays 3:30 - 5:30



Students will be picked up by bus and travel to The McCormick Scottsdale to be instructed by Seth's incredible team! No experience or tennis rackets required. Having instructed for over 20 years, Seth Korey is your go-to for all your tennis wants and needs!





Basketball FUNdamentals

FRIDAYS

3:30-4:30

K-8th

Join Coach Jorge Rochin with Play It Forward to master your skills of the game. Students will learn all the basics: dribbling, passing, and so much more! This is a fun and recreational basketball class for those looking for something less competitive. Great for beginners and intermediate players.



ABC Chefs

VENDOR: PRE-K ACADEMY

FRIDAY 3:45 -4:45

K-1ST



This interactive cooking class gives children the chance to discover the joy of cooking. They will learn how to measure ingredients, follow a recipe, and cook foods from apple pie to zebra parfaits! ABC Chefs reinforces the letters and the sounds of the alphabet and teaches additional pre-reading skills giving children a running start into the world of literacy.