## **Lunch Squad School Meals- REGISTRATION LETTER**

We are looking forward to another wonderful year providing lunch to the students & faculty at International School of Arizona! As many of you may already know, we have developed our School Lunch Program to offer Healthy, Fresh & Nutritious Lunches to Valley Schools in need of high-quality lunch services and we are proud to serve our meals to your children as well as our own.

**MENU** Our menu features a variety of individually packaged & labeled cold lunch entrees as well as a hot lunch option. Our lunches are nutrient dense, colorful, and fun! When we started our program, we worked with Dietitian and co-owner of Feeding Littles Megan McNamee MPH, RDN to develop our menu variety and selections. Our 5 Seasonal Menu Cycles are as follows: August-September, October-November (Fall Menu), December-February (Winter Menu), March-May (Spring Menu), June-July (Summer Menu).

**INGREDIENTS** We source **100% Organic** when available: Produce, Milk, Eggs, Yogurt, Cottage Cheese, String Cheese, White Cheddar, Whole Grain Bread, Black beans, Chickpeas, Corn, Agave, Quinoa & Rice. Our sauces and dips are Organic and made in-house. Our baked goods, buns, pita and tortillas are **Whole Grain** or **Whole Wheat** and **Non-GMO**. We source Local **Grass-fed**, Grass-finished, **Free-Range** Beef and **All- Natural** Poultry raised without hormones or antibiotics ever. Our deli meat & pepperoni is **Nitrate Free** and 6 ingredients or less. **Our lunches do not contain added sugar or artificial food coloring.** 

**ORDERING** We have partnered with Boonli for convenient online ordering!

**REGISTER FOR ONLINE ORDERING TODAY!** 

Go To: <a href="https://lunchsquad.boonli.com">https://lunchsquad.boonli.com</a> - (please bookmark this page)

Click Create an Account: Password is: ISA16

Enter information and click Submit

Enter information for your student, Add Profile. Repeat for any additional students

Click I'm Done and Sign In

**PRICING** Petite (Preschool) \$5.95 Primary (K-4<sup>th</sup> grade) \$6.95 Large (5<sup>th</sup>-12<sup>th</sup> grade & adults) \$7.50 Hot lunch \$6.95 We also have organic milk, chocolate milk, seasonal lemonade, juice, water and healthy extra sides available

**MEAL SIZES** The difference in our meal sizes is mainly the entrée portion, however we may modify certain ingredients in our preschool meals for young children more at risk of choking. We list our grade recommendation for each meal option based on the portions and age-appropriate sides; however, each child's appetite may vary and so parents may wish to order a smaller or larger meal regardless of the grade suggestion.

**ALLERGIES** We are happy to accommodate most allergies. After you have created your online profile, please email us so we may update our notes with your child's specific dietary needs. We have several measures in place to limit the risk of cross-contamination when preparing allergy meals; however, we cannot ensure that there is no risk. We cannot be held liable should an allergic reaction occur. Our meals do not contain nuts or shellfish; however, we do operate out of a kitchen that handles nuts, nut products and shellfish. Our kitchen and some of our lunch options contain Egg, Wheat, Gluten, Dairy, Soy, Corn & Salmon.

**CANCELLATION POLICY** Our order and cancellation deadlines are 48 hours prior. You may revise or cancel your order with 48 hours' notice in our online system. Meal cancellations will be posted to your lunch account as credit towards future orders. If the absence is unexpected, you may be able to pick-up your child's lunch from school, depending on your school's food storage policy and refrigeration.

